

Kungsleden Trekking – Sweden

Backpack Trekking on the King's Trail

Climb onto Sweden's highest peak – Kebnekaise, 2117 m

The King's Trail is one of the best known and most hiked trails in Scandinavia. It leads from Abisko in the North of Sweden to Hemavan in the South. We hike through the most beautiful parts of the King's Trail: Mostly above the tree line through large mountain valleys, over high plateaus, along roaring rivers and silent lakes. We have the possibility to climb the highest mountain of Sweden and enjoy a stunning view over the peaks of the whole area.

Price

€ 1175 per person from/to Kiruna airport

Additional costs for cabin overnights ca. € 210 (to be paid directly to the cabin warden; reductions for international youth hostel members)

Departures (Sunday – Sunday)

12.8.-19.8.2012

Included services

- Collective-transfer from/to the airport Kiruna/Sweden
- 7 overnights in tents or youth hostels
- Full board during the whole tour
- Experienced, English speaking guide
- Kitchen equipment, tent

Requirements

- Good physical condition
- used to backpack (max. 10 kg)
- Team spirit, cooperation
- Endurance, will to live in simple conditions

Not included Services

- Alcoholic drinks

Program

1st day: Transfer from the airport to Kiruna. Shopping. Transfer with the public bus to Nikkaluokta. Preparing the tour. Dinner.

2nd day: Nikkaluokta – Kebnekaise fjäll station, 19 km, 6 – 7 hours. The trails lead us still all along the valley to the Laddjuvavi Lake. After the lake the trails leads further through the Nikkavalley – we already can enjoy the view to the mountains Tuolpagorni. We are reaching the Kebnekaise fjell station, where we set up our tent and prepare the dinner. A small shop is available as well as sauna for an additional fee.

3rd day: Kebnekaise fjell station – Singi, 14 km, 5 hours. This stage is shorter and after a bit more difficult start very easy. It leads still through a beautiful valley – both sides with impressive mountains. After a while we leave the most impressive mountain Tuolpagorni behind us and reach a high plateau with rough stony mountains beside. The landscape reminds a little bit of pictures from the moon. A last small and cold lake “Lassajavri” invites for a short bath before we reach our next stage Singi. Overnight in tents.

4th day: Climb of Kebnekaise toppen 2117 m – about 18 km – 13-15 hours
If the weather and conditions are ok, we climb today the Kebnekaise - the highest peak in Sweden. With its 2117m still a challenge for us... It is not a must to join, it is also possible to make relaxing day in the cabin or just do small walks around the area. In the evening we stay in the same place overnight in tents. If the weather does not allow us to climb Kebnekaise, we take today the stage of day number 5 and will have a rest day afterwards.

5th day: Singi – Kaitumjaure (small shop), 13 km, 4 – 5 hours. The today's trail leads still through treeless areas on partly hard partly soft underground through the valley of the Tjäktjajakka (river).

During the whole day we enjoy a marvellous view to the surrounded high snowy peaks, rocky walls and side valleys. For the first time we hike in kind of a forest. Some very small arctic birches grow in this area. We reach the big lake Kaitumjaure and the Kaitum cabins, where we pitch up our tents. In this area are living the biggest moose of Europe. If we are lucky...! In the cabins is as well a very small shop. If we didn't climb Kebnekaise we enjoy here a break day.

6th day: Kaitumjaure – Teusajaure (sauna add. fee), 9 km, 3 hours. Early in the day we cross the impressive river “Kaitumjakka” by a bridge and continue our way. After a little stony uphill we reach a beautiful high plateau, from where we can see already the snowy mountains of the well known Sarek National park in the west of us. After the plateau the trail leads steep down through a light birch forest. A marvellous view down to the lake Teusajaure lets us taking pictures again and again. Many people call this as the most beautiful valley Sweden's... on the shore of the Teusajaure we reach our next stage. The cabins of Teusa... well known, for its rich fauna.

7th day: Teusajaure – Vakkotavare, 16 km, 5 – 6 hours. Our last hiking day. First we have to cross the lake Teusajaure by rowing boat. On the other side of the lake we step into the “Stora Sjöfallets-Nationalpark”. We have to climb on our trail back up through a beautiful birch forest (sometimes pretty steep). Small rests and again sights back to the great Teusavalley makes the climb easy! Up on a plateau the trail is for a while very easy until we reach a stony area, where the path leads through all these rocks and stones. It's a great place... full of small creeks and ponds and a lot of flora. Heading again downhill (some parts steep!) We can see already from far the lake “Suorvajaure”, where our tour ends in Vakkotavare. After a short rest transfer to Kiruna. Overnight in a youth hostel.

8th day: Transfer to the airport Kiruna.

The tour could can start as well from the other side – depending on circumstances and conditions... which means from Vakkotavare till Nikkaluokta.

Overnights/catering

We carry our personal luggage (should be done with max. 10 kg) as well as our common equipment like food/kitchen, tents (about 5 - 6 kg additionally) etc. by our own power. Overnights in tents. Every group member brings the own sleeping bag, mattress and eating dishes.

Group size

min. 5 max. 6 persons